



### INTRODUCTION



According to [United Nations Environment Programme \(UNEP\)](#), the environment encompasses all living and non-living components that interact with human life and support ecosystems and development.

### In Brunei Darussalam



Environmental protection is overseen by the [Department of Environment, Parks and Recreation \(JASTRe\)](#), which regulates environmental quality, pollution control, and environmental awareness initiatives.

### WHAT SHOULD WE DO

Our small daily actions can create a positive impact on our environment and beyond.



Choose straw-free drinks to reduce plastic waste.



Unplug chargers and devices after use to save energy.



Go digital or print double-sided when necessary.



Recycle whenever possible to reduce waste and protect the environment.

