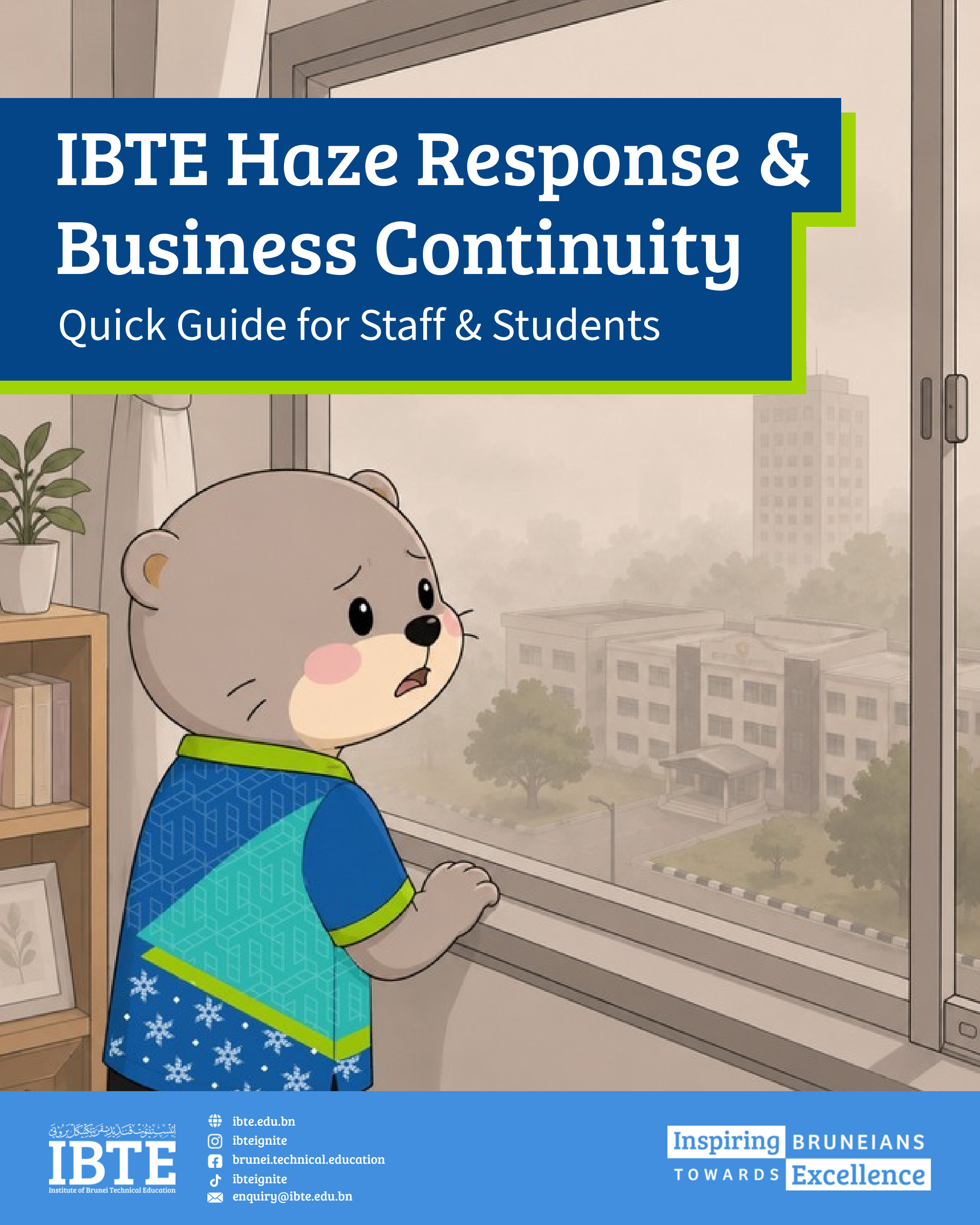


Quick Guide for Staff & Students



Know the Haze Level & IBTE Response

	LEVEL 1 PSI 0-50 Good	LEVEL 2 PSI 51-100 Moderate	LEVEL 3 PSI 101-200 Unhealthy	LEVEL 4 PSI 201-300 Very Unhealthy	LEVEL 5 >300 Hazardous
	Normal Operation	Enhanced Monitoring	Restrict Outdoor Activities	Home-based Learning	Suspend Routine On-Site Operation
IBTE Actions	✓ Normal teaching, learning and operation continue ✓ Monitor official PSI and haze advisories ✓ Maintain readiness of First Aid, cleaner-air rooms, air filtration and communication arrangements	✓ Normal operations continue ✓ Increase monitoring of PSI and campus conditions ✓ Reduce strenuous or prolonged outdoor exposure for vulnerable persons ✓ Verify cleaner-air rooms, air-conditioning/ filtration, First Aid and mask readiness	✓ Restrict strenuous or prolonged outdoor activities ✓ Move suitable learning activities indoors ✓ Defer outdoor practical training and fieldwork unless specifically assessed as acceptable ✓ Review workshop and laboratory conditions before activities continue ✓ Prepare for Home Based Learning (HBL) / remote continuity if conditions worsen	✓ Activate Home Based Learning (HBL) / remote learning ✓ Cease routine on-site teaching ✓ Stop outdoor activities, fieldwork and outdoor practical training ✓ Staff follow approved remote-work or essential-duty arrangements ✓ Maintain minimum essential security, facilities, hostel, IT, HSE and emergency services	✓ Suspend routine on-site teaching, practical training, events and non-essential work ✓ HBL / remote continuity remains in force ✓ Only minimum essential or specifically authorised functions remain on-site ✓ Follow prevailing MOE, MOH and JASTRe instructions
Staff & Students	✓ Normal activities may continue ✓ Stay informed through official IBTE communications	✓ Normal activities may continue ✓ Vulnerable persons should reduce strenuous or prolonged outdoor activity ✓ Inform your supervisor/instruct or if you have a health condition that may be affected by haze	✓ Reduce strenuous or prolonged outdoor physical activity ✓ Vulnerable people should avoid or substantially limit outdoor exposure ✓ KF94/N95 or another suitable mask may be used when necessary and should be worn correctly ✓ Report haze-related symptoms promptly	✓ Examinations: May proceed only under approved arrangements, including suitable air-conditioned rooms/halls where permitted. Otherwise, examinations or assessments will be relocated, deferred or rescheduled	✓ Avoid outdoor activity as far as practicable ✓ Follow IBTE instructions regarding reporting to campus/work ✓ Public or authorised examinations proceed only in accordance with prevailing government arrangements

Protect Your Health During Haze

Who Needs Extra Protection?

Persons with asthma

Chronic lung disease

Other chronic illnesses

Heart disease

Respiratory allergies

Pregnant persons

Older persons

**Persons with medically
advised exposure
restrictions**



Note: Vulnerable persons may be provided with earlier or stricter exposure controls, cleaner-air arrangements and approved remote learning/work where appropriate

Simple Health Precautions



LIMIT OUTDOOR EXPOSURE

Reduce unnecessary outdoor activities, particularly when PSI levels increase



TAKE PRESCRIBED MEDICATION

Persons with chronic medical conditions should continue prescribed medication as advised by their doctor



PRACTISE GOOD HYGIENE

Wash your face and hands after outdoor activities



STAY HYDRATED

Ensure adequate fluid intake



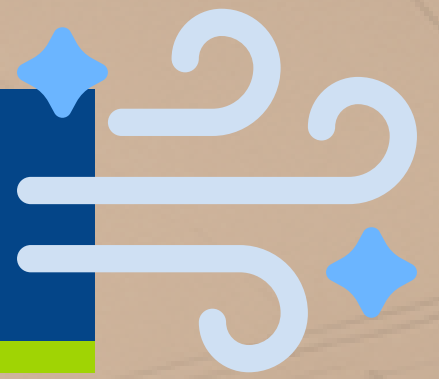
USE A SUITABLE MASK WHEN NECESSARY

KF94/N95 or a comparable suitable mask may be encouraged during elevated haze conditions

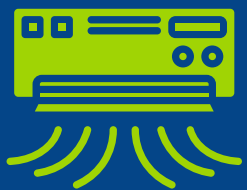
Note: Masks do not replace reducing outdoor exposure and do not replace task-specific respiratory protection required for workshop or laboratory activities



Cleaner-Air Areas



IBTE campuses should maintain suitable **Sick Bay / Cleaner-Air Room arrangements**, where practicable, including:



Enclosed air-conditioned room



Suitable HEPA-filter air purifier
where available



First Aid Box



Access to a First Aider



Drinking water



Seating / rest area

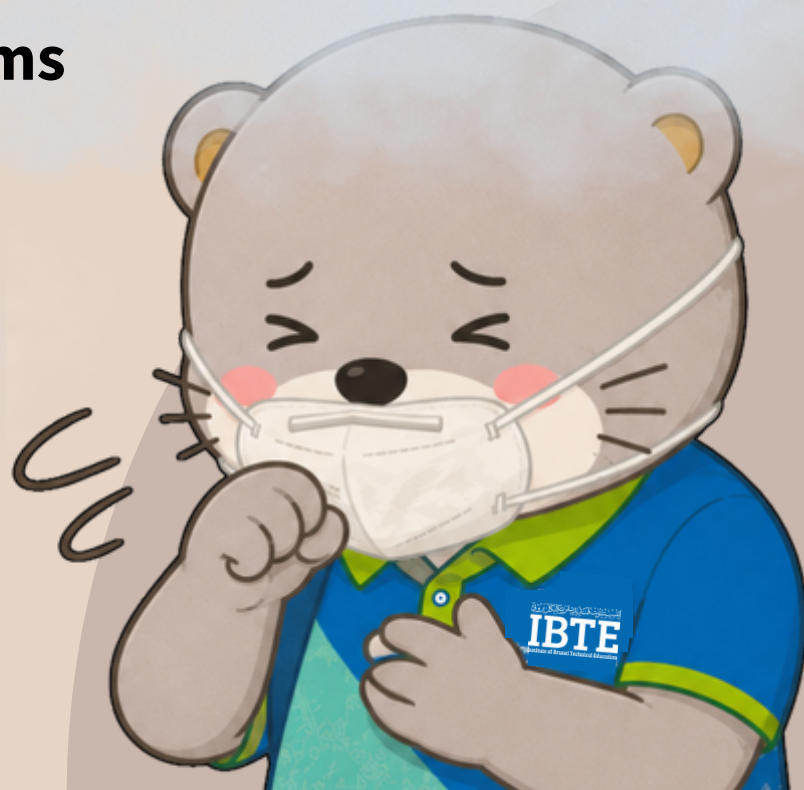


Reduced unnecessary opening of doors



Seek Medical Attention If you experience:

- ✓ Persistent cough or cold symptoms
- ✓ Significant allergies
- ✓ Shortness of breath
- ✓ Difficulty breathing
- ✓ Chest symptoms
- ✓ Other worsening health symptoms



Medical Emergency

**Serious
symptoms**

**Inform a
First Aider**

**Call Ambulance / Paramedic
991 when required**



Note: Emergency medical response applies regardless of the current PSI reading

How IBTE Maintains Continuity

Teaching & Learning

THEORY CLASSES

May move to:

- Online Learning
- Blended Learning
- Alternative approved indoor delivery
- Home Based Learning (HBL)



Practical & Training

WORKSHOPS & LABORATORIES

May be modified, relocated, suspended or rescheduled depending on haze conditions.

They may continue only when critical safety controls remain effective, including:

- Safe indoor conditions
- Operational ventilation/extraction
- Controlled fumes, chemicals, solvents and dust
- Suitable air-conditioning/filtration
- Correct task-specific PPE/RPE
- Safe emergency arrangements

If these controls cannot be maintained → **STOP, RELOCATE OR RESCHEDULE.**

Where practical activities cannot continue, temporary alternatives may include **theory, simulation, digital demonstrations or portfolio/documentation work.**



How IBTE Maintains Continuity

OJT / Industrial Attachment / Industrial Placement

Students shall follow the haze and HSE arrangements of their **host company**, subject to any overriding instruction from **IBTE, Ministry of Education or relevant authorities**

KEY ACTIONS?

- Follow company haze response, HSE procedures and work restrictions.
- Follow any changes to duties, flexible work arrangements or workplace closure.
- Vulnerable students should inform the host company and IBTE Coordinator.
- If haze-related symptoms occur: stop work, inform supervisor and seek medical attention.
- Where necessary, arrange indoor duties, alternative learning or rescheduling.
- IBTE School/Coordinator shall maintain communication with students and host companies.



STAY INFORMED

IBTE operational decisions will primarily be based on:

- Official JASTRe PSI / air-quality information
- Ministry of Education (MOE) instructions
- Ministry of Health (MOH) health advice
- Campus observations and conditions

STAFF & STUDENTS SHOULD

- ✓ Follow official IBTE instructions
- ✓ Check official communication channels
- ✓ Report haze-related symptoms or unsafe conditions
- ✓ Avoid unnecessary outdoor exposure when restrictions apply
- ✓ Follow instructions regarding HBL, remote work or campus attendance
- ✓ Do not circulate unverified information

